

# FUNATICS COACH IN TRAINING

for ages 13 & 14



**Want to become a  
ski or snowboard instructor?  
Here's your chance!**

**Sign-ups open on 3/12**

**Space is limited and tends to sell out so be sure to register early.  
Check out more details at [schweitzer.com](http://schweitzer.com)**

  
Schweitzer  
**SKI &  
RIDE  
SCHOOL**

# 2026/27 COACH IN TRAINING (CIT) WITHIN FUNATICS

is designed for skiers and snowboarders ages 13–14 who are interested in learning what it takes to become an instructor.

The program will run through all 8 weeks of Funatics and is structured into four developmental phases. Upon completion, participants will be considered on the fast track to becoming Junior Instructors at Schweitzer the following season, provided they meet the State of Idaho's minimum working age requirements. Designed to be educational and fun!

If your child is interested, please let us know as soon as possible as space is limited for this program to insure a smaller, focused group for learning.

## READY TO DIVE IN!

1. Register for FUNATICS 26-27 on [schweitzer.com](http://schweitzer.com) (Registration opens starting 3/15/26)
2. Let us know your child is interested by calling (208) 255-3078
3. Sign up for PSIA-AASI Free Resources and access early to get a head start on learning
4. See you on the first day of Funatics!

## WHAT TO EXPECT IN THE PROGRAM

### Phase 1: Learning the Ski/Snowboard Progression

1st Time  
Beginner  
Intermediate

### Phase 2: Applying the Fundamentals of Skiing/Snowboarding to your own skills

**Pressure:** nose to tail/length of the ski or snowboard, edge to edge (toe/heel, inside ski/outside ski, ski/board interaction with snow (regulate the magnitude of pressure)

**Pivot:** through flex/extension/rotation

**Tilt/Edge Control:** through inclination/angulation

**Twist:** torsional flex of a snowboard using flex/extension/rotation

**Rotation:** steering the ski using the hips/legs (turning, pivot, steering)

### Phase 3: Movement Analysis

**Observe:** watch/look/observe and describe the ski/board interaction

**Evaluate:** sharing your observations into simple, accurate conclusions

**Real vs Ideal:** the riders current performance to the optimal performance for a desired outcome.

**Prescribe:** The rider's goals as the basis for the plan combined with observation and evaluation will dictate the prescription.

**Focus:** provide a focus or task

**Drill:** a movement pattern to develop a skill or blend with a technical/tactical purpose

**Give progression:** static/stationary, simple, complex

**Demonstrate:** specific movement/action, with Duration, Intensity, Rate, Timing

**Give feedback**

### Phase 4: How does all this fit into becoming an instructor

Bring it all home, recap how all 3 of the first phases, from learning the progressions for teaching to their individual rider/skier improvement and finally understanding the beginning of movement analysis relates to everything.

Looking for more info? Give Schweitzer Ski & Ride School a call at (208) 255-3078