Schweitzer Snowsports

Which level fits best?

1	Never skied or snowboarded before
2 3	SKI Can stop and turn both directions across the hillSB Can stop and use a falling leaf to change direction
3	SKI Comfortable stopping and making wedge turns on green terrain (Musical Chairs)SB Comfortable turning onto heel side edge • Working on turning onto toe side edge
4	SKI Beginning to parallel turn on green and easier blue terrain (eg: Musical Chairs or Midway)SB Links turns (heel to toe and back) on green terrain
5	 SKI Uses parallel turns to control their speed on all green and easier blue terrain • Rarely in a wedge on challenging blues (eg: Ridge Run) • Learning to use poles properly SB Confidently links different turn sizes and shapes on all green terrain and easier blue terrain
6	 SKI Always parallel on all blue runs and often parallel on easier black terrain (eg: Jacks Dream), using turn shape to control speed • Swings and plants poles SB Always links turns (heel and toe) on all blue and easier black terrain • Can ride switch on easy terrain • Exploring bumps, trees, and easier ungroomed terrain
7	 SKI Always parallel on all groomed blue and black terrain, using varied turn size and shape to control speed • Improving in skiing ungroomed runs and proper pole use • Skis ungroomed terrain 50% of the time SB Links turns on most terrain • Can ride switch on easy blue terrain • Can ride easy terrain park features smoothly • Rides ungroomed 50% of the time
8	 SKI Makes smooth turns of varying sizes and shapes on all blue and black terrain (groomed and ungroomed) • Working on rhythmic turns on more difficult black terrain with pole plants • Skis ungroomed terrain 75% of the time SB Adjusts turn size and shape to adapt to various terrain without using upper body to initiate turns Rides ungroomed terrain 75% of the time
9	 SKI Smoothly and confidently skis the entire mountain, exploring more difficult lines • Learning different strategies in the hardest terrain and snow conditions SB Rides all mountain conditions smoothly, including steeps, trees, and terrain park • No usage of upper body movements to initiate turns • Uses dynamic turns predominantly (moving upper and lower body independently with legs steering to start turns)
9	 SKI Smoothly skis the fall line on the most difficult terrain in the most difficult conditions • Always uses a pole plant • Initiates turns from the feet and legs rather than the upper body SB Rides all terrain in all conditions smoothly and flawlessly, including medium to large terrain park features • Always dynamic with turns • Can adjust turn size and shape any time on demand • Can ride switch in most terrain

